



Surgery Instructions

1. Leave the gauze in for 1 hour and stay biting on it. Then change the gauze out every 45 minutes until the bleeding stops. It is not unusual for the surgical area to bleed some for up to 5-6 hours.
2. Apply cold compress for the first 4-6 hours
3. No rinsing for 24 hours. No sucking through a straw for 24 hours. No smoking for 72 hours. This will help develop a good blood clot and help avoid a dry socket.
4. Stay away from carbonated beverages (cokes) for 24 hours because they will dissolve the blood clot.
5. After 24 hours start rinsing with warm salt water (1 tsp salt in 8 oz. glass of warm water) 5-6 times per day.
6. Take your pain medication before the numbness wears off and lay down. If you are active with the pain medication you may have nausea and more bleeding will occur.
7. If you have unusual bleeding or you are still bleeding after 6 hours please call our office for further instructions.